

Week 1: Truth and Lies
4/15/09

Why are we talking about sex in church?

- 1) God created sex (sex is referred to over 180 times in 30 out of 66 books)
- 2) Sex is everywhere (you **WILL** hear the wrong way, you **NEED** to hear the right way)
"I Love Lucy" vs. "Failure to Launch"

The traditional "sex talk" in the church:
NOT BEFORE MARRIAGE... GOD SAID SO
○ But outside the church: **EVERYONE DOES IT... NO BIG DEAL**
Here's the deal: you must decide:
The world is right or God is right

So you have to make a decision.

- You can decide based on feelings and emotions
- Or you can seek to know the truth

Jesus said, John 8:32, "*you will know the truth, and the truth will set you free.*"

The truth about sex and our culture is that there are many confusing messages out there.

- School message / Friend's message / Media's message / Parents message / God's message

With all of these messages out there, we need to figure out what's real.

5 LIES ABOUT SEX:

#1 Sex is no **BIG DEAL**

#2 Sex is purely **PHYSICAL**

#3 God is **DOWN** on sex

#4 Everyone is **DOING IT**

#5 It's impossible to be **PURE**

3 TRUTHS ABOUT THE CREATOR OF SEX:

#1 God isn't into **RULES**, he is into **LIFE**.

John 10:10, "A thief is only there to steal and kill and destroy. I came so they can have real and eternal life, more and better life than they ever dreamed of."

#2 God is more concerned about your **HEART** than your **ACTIONS**

Matt. 23:26, 28 "You blind Pharisee! First wash the inside of the cup and the dish, and then the outside will become clean, too. Outwardly you look like righteous people, but inwardly your hearts are filled with hypocrisy and lawlessness."

#3 God offers you **WISDOM, FORGIVENESS**, and **HOPE**

Ephesians 3:14, "When I think of the wisdom and scope of God's plan, I fall to my knees and pray to the Father.

I John 1:9, "But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.

Romans 15:13, "So I pray that God, who gives you hope, will keep you happy and full of peace as you believe in him.

Action Steps

- Understand sexual decisions
leave life long memories
- Establish Boundaries
- Check out God's plan for sex

Thought for the Week:

What is the **TRUTH** about **SEX**?

Best Sex Ever
Week 2: Males and Females; Black and White
4/22/09

This whole series is about discovering the truth about sex.

Jesus said, John 8:32, "*you will know the truth, and the truth will set you free.*"

The truth about sex is there are a lot of confusing messages...
Most of us don't know the truth and we are confused about sex...
The reason is b/c of so many different messages...

School Message / Friends Message / Church Message (wonderful)

Tonight, we are going to talk about some differences between Guys and Girls...

I am not talking about the basic plumbing differences... But guys and girls are wired completely different and those differences are important for us to understand.

- 1. GIRLS ARE RELATIONAL**
- 2. GIRLS ARE VERBAL**
- 3. GIRLS PREFER ROMANCE**
- 4. GIRLS FEEL THEIR EMOTIONS**
- 5. GIRLS SEX DRIVE IS SLOW**

Why is it important to talk about these differences? Its these differences that destroy one another...

These differences can be so beautiful... In the right context with the right heart...

Action Steps

Recognize you are an original masterpiece.

- o When you don't get this, (carbon copy)
- o **Psalm 139 AND I Thess. 4:3-5**

Understand the differences and honor each other.

- o "Guys problem" That's right and wrong...
- o **Romans 12:10 AND I Cor. 13:4-5**

Commit to honor God w/ your body.

- o **I Cor. 6:15**

God's creative design appears in who we are.
And our response to that will reflect our faith.

Thought for the Week:

One way must be **RIGHT**

Best Sex Ever
Week: 3 What the Bible Says About Sex
4/29/09

Recap: Week 1: Truth and Lies / Week 2: Differences between Males and Females

Tonight is going to be a little more serious than the last few weeks b/c of what we are going to talk about.

- Obviously we are going to talk about sex
- Homosexuality
- Fantasy

When it comes to sex, TV promotes it, commercials advertise it, Hollywood glamorizes it, schools instruct it, but most churches avoid it.

I grew up in the church, no one talked about sex. b/c we don't talk about it, many teens and even adults are confused about sex...

Jesus said in John 8:32: "...you will know the truth and the truth will set you free."

The truth is that we have to make a choice between the world's way and God's way... One of them is right.

One of the things that the world has mixed up is the thinking that sex is intimacy.

- Intimacy is to be fully known
- To be honest, people want that, but they also fear it.
- Its a lot easier to feel intimate by having sex than to open up and be intimate with someone.

THREE THINGS THAT MASQUERADE THEMSELVES AS LOVE AND INTIMACY:

1) Sex Outside of Marriage.

Hebrews 13:4, "*Honor marriage, and guard the sacredness of sexual intimacy between wife and husband. God draws a firm line against casual and illicit sex.*"

The Bible draws a firm line that premarital sex is not God's plan for life

- 5 yr. Old and chainsaw.

The world says if you are not for homosexuality, you are old fashion and hateful.

2) Same Sex Physical Relationships.

We are bombarded by people trying to make homosexuality normal...

Homosexuality has become a huge social issue.

The big debate is nature or nurture

The first thing that we need to understand about this topic is that God is not against homosexuals

- 1) God loves you 2) Homosexuality is a sin (God says no, that is not my plan)

3) Fantasy

Fantasy is a snowball issue.

People say, pornography and fantasy, thats my own issue...

- 1) People become objects
- 2) You are not going to be able to erase those images

1 of the 10 says, "do not commit adultery"

READ Matthew 5:27-30 You've done that in your mind.

In all of these things, God is trying to protect us from heartache and pain.

Experience God's Love

Ephesians 3:18-19

Learn to Express Real Love

Ephesians 5:1-3

Pursue a Lifestyle that Values and Honors Obedience

Romans 12:1-2

Thought for the Week:

OBEEDIENCE now = **INTIMACY** later

Best Sex Ever
Week: 4 Dealing with Temptation
5/6/09

Recap: Week 1: Truth and Lies / Week 2: Differences between Males and Females / Bible Says

One way has to be right. Jesus said, John 8:32, "...You will know the truth and the truth will set you free."

Tonight I want to get practical... SEXUAL TEMPTATION (I want to wait... but the temptation is so great)

1.) EVERYONE IS TEMPTED

We need to talk honestly about what's going on in our lives (good, bad, and the ugly)

1 Corinthians 10:13,
"The temptations in your life are no different from what others experience..."

Even Jesus was tempted.

One of the things that frustrate me w/ the church is that we act as if none of us struggle.

The church needs to be a place where un-perfect people can share together in life and even in struggles.

Church people being hypocrites...

Of course it is b/c its filled w/ people and we do dumb stuff.

2.) GOD DOESN'T TEMPT YOU

- James 1:13-14 *"And remember, no one who wants to do wrong should ever say, "God is tempting me." God is never tempted to do wrong, and he never tempts anyone else either. Temptation comes from the lure of our own evil desires."*

There is a battle going on inside of you. You were created in the image of God... but into a sinful world.

3.) THERE IS A WAY TO ESCAPE TEMPTATION.

"...And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure."

There is always a way out.

- 1.) Ask the RIGHT QUESTIONS.
- 2.) Evaluate what's IMPORTANT.
- 3.) MAKE and VERBALIZE standards.
- 4.) Make a TEMPTATION PLAN.
- 5.) Find ACCOUNTABILITY
- 6.) Guard you MIND

2 Timothy 2:22

"Run from anything that stimulates youthful lust. Follow anything that makes you want to do right. Pursue faith and love and peace, and enjoy the companionship of those who call on the Lord with pure hearts."

Philippians 4:8 *"Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise."*

Thought of the Week:
YOU can beat TEMPTATION